

Zimmer Celebrates 10-Year Anniversary of Industry-Leading Medical Education and BioSkills Training Program

Mar 22, 2013

The Zimmer Institute has Provided Product, Technology and Surgical Technique Training to over 100,000 surgeons

CHICAGO, March 22, 2013 /PRNewswire/ -- Zimmer Holdings, Inc. (NYSE: ZMH; SIX: ZMH), a global leader in musculoskeletal health, is celebrating the 10-year anniversary of The Zimmer Institute. The Zimmer Institute offers orthopaedic surgeons and healthcare professionals a full range of training opportunities, including Medical Education, BioSkills Training and Surgeon-to-Surgeon programs, in a highly interactive environment. In 10 years of operation, The Zimmer Institute has trained over 100,000 surgeons.

The Zimmer Institute opened its doors in 2003, offering a series of BioSkills training modules hosted at Zimmer headquarters in Warsaw, Indiana and locations in Sydney, Australia and Paris, France. The Zimmer Institute has since undergone significant growth, and has offered courses in more than 60 countries.

"Staying at the forefront of professional medical education is a significant commitment Zimmer makes to our surgeon customers," said Audrey Beckman, Senior Vice President of Zimmer Global Medical Training and Education. "For 10 years, the Zimmer Institute has set the standard for surgeon education by developing a curriculum that has transformed the traditional classroom into a truly consultative collaboration with world-class faculty. Our surgeon customers have come to know the Zimmer Institute as a place that not only teaches the safe and effective use of our products, but where surgeons can also come to build and hone their skills."

In 2008, the Zimmer Institute collaborated with teaching surgeons and orthopaedic experts to combine its Medical Education, BioSkills Training and Surgeon-to-Surgeon programs into one consolidated service offering. Zimmer Institute course modules are tailored to match an individual surgeon's experience level, providing in-depth knowledge on products and procedures. Zimmer Institute courses have a high faculty-to-student ratio and incorporate new technologies, promoting greater interaction with faculty trainers and participant collaboration. Courses are offered at convenient locations worldwide, minimizing the time participants need to spend away from their practices.

For more information about the Zimmer Institute, visit Zimmer at Booth 529 at the 2013 American Academy of Orthopaedic Surgeons annual meeting in Chicago. During the meeting, the Zimmer Institute will host a comprehensive program of educational presentations at the Zimmer booth. Additional information on the Zimmer Institute is available at zimmerinstitute.zimmer.com.

About the Company

Founded in 1927 and headquartered in Warsaw, Indiana, Zimmer designs, develops, manufactures and markets orthopaedic reconstructive, spinal and trauma devices, dental implants, and related surgical products. Zimmer has operations in more than 25 countries around the world and sells products in more than 100 countries. Zimmer's 2012 sales were approximately \$4.5 billion. The Company is supported by the efforts of more than 8,500 employees worldwide.

Zimmer Safe Harbor Statement

This press release contains forward-looking statements within the safe harbor provisions of the Private Securities Litigation Reform Act of 1995 based on current expectations, estimates, forecasts and projections about the orthopaedics industry, management's beliefs and assumptions made by management. Forward-looking statements may be identified by the use of forward-looking terms such as "may," "will," "expects," "believes," "anticipates," "plans," "estimates," "projects," "assumes," "guides," "targets," "forecasts," and "seeks" or the negative of such terms or other variations on such terms or comparable terminology. These statements are not guarantees of future performance and involve risks, uncertainties and assumptions that could cause actual outcomes and results to differ materially. For a list and description of such risks and uncertainties, see our periodic reports filed with the U.S. Securities and Exchange Commission. We disclaim any intention or obligation to update or revise any forward-looking statements, whether as a result of new information, future events or otherwise, except as may be set forth in our periodic reports. Readers of this document are cautioned not to place undue reliance on these forward-looking statements, since, while we believe the assumptions on which the forward-looking statements are based are reasonable, there can be no assurance that these forward-

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